

AMINO ACIDS - JAKE ORIGINAL

1 serving (40g protein) per package

	per 100 g (*)	per serving (*)
Energy (kcal)	400 (20%)	160 (8%)
Protein	100.0 g	40.0 g
Essential	38.4 g	15.4 g
Of which BCAA's**	18.0 g	7.2 g
Semi-essential	40.7 g	16.3 g
Non-essential	20.8 g	8.3 g

	per 100 g	per serving
L-alanine	4.62 g	1.85 g
L-arginine	8.05 g	3.22 g
L-aspartic acid	10.94 g	4.38 g
L-cysteine	1.38 g	0.55 g
L-glutamic acid***	18.09 g	7.24 g
L-glycine	4.60 g	1.84 g
L-histidine	2.39 g	0.96 g
L-isoleucine**	4.50 g	1.80 g
L-leucine**	8.30 g	3.32 g
L-lysine	6.34 g	2.54 g
L-methionine	1.28 g	0.51 g
L-phenylalanine	5.49 g	2.20 g
L-proline	4.85 g	1.94 g
L-serine	5.28 g	2.11 g
L-threonine	3.81 g	1.52 g
L-tryptophan	1.07 g	0.43 g
L-tyrosine	3.77 g	1.51 g
L-valine**	5.23 g	2.09 g

* Reference intake of an average adult (8400 kJ/2000 kcal)

** BCAA: Branched Chain Amino Acids

*** Combination of L-glutamic acid and L-glutamine, grouped under the semi-essential protein group

PDCAAS: 0.96

*Protein Digestibility Corrected Amino Acid Score = (Limiting Amino Acid / Reference Amino Acid) * Fecal True Digestibility Percentage.*

CS: 149

Chemical Score based on reference protein FAO/ WHO 1985.

JAKE

Jake is a nutritional meal that provides you with all the nutrients you need.

Ingredients: oat meal (gluten), pea protein isolate, sunflower seed oil, maltodextrin, dextrose, omega-3 concentrate fat powder, inulin, sunflower oil, tripotassium citrate, calcium citrate, flavour, choline hydrogen tartrate, anticaking agent: silicon dioxide, salt, dipotassium phosphate, magnesium carbonate, lycopene powder, sweetener: sucralose, l-ascorbic acid, menaquinone-7, nicotinamide, dl-alpha-tocopheryl acetate, zinc oxide, calcium-d-pantothenate, manganese gluconate, cupric sulfate, riboflavin, pyridoxine hydrochloride, thiamine mononitrate, retinyl acetate, pteroyl-monoglutamic acid, chromium chloride, sodium iodide, sodium molybdate, sodium selenite, d-biotin, phylloquinone, cholecalciferol, cyanocobalamin.

This product is not intended to diagnose, treat, cure or prevent any disease. Children, people taking medication or who have a medical condition or women who are pregnant or nursing, should consult their doctor before consuming Jake.